

**Assumption of the Risk and Waiver of Liability Relating to
Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing.

Amherst County Public Schools (ACPS) has put in place preventative measures to reduce the spread of COVID-19. However, ACPS cannot guarantee that you or your athlete will not become infected with COVID-19. Further, attending conditioning with ACPS could increase your athlete's risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my athlete may be exposed to or infected by COVID-19 by attending conditioning with ACPS. I understand that the risk of becoming exposed to or infected by COVID-19 at ACPS conditioning may result from the actions, omissions, or negligence of myself and others, including, but not limited to Coaches and other athletes. I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my athlete or myself including illness, damage, loss, claim, liability, or expense of any kind that I or my athlete may experience or incur in connection with my athlete's attendance at ACPS conditioning or participation in events.

On my behalf, and on behalf of my athlete, I hereby release, covenant not to sue, discharge, and hold harmless ACPS, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of ACPS, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any ACPS event.

Signature Of:

Parent/Guardian: _____ Date _____

Print Name Of:

Parent/Guardian: _____

Athlete(s)Name: _____

Coronavirus/COVID-19 Information Sheet

Out of Season Conditioning

In conjunction with the Governor's phased approach to reopening, the VHSL has allowed schools to resume out of season conditioning. In order to resume each division had to submit a health mitigation plan to the VDOE. ACPS has completed this process and is ready to allow students back in our facilities. In order to do this as safely as possible we have developed an Athletic Health plan in conjunction with our division plan. Each coach is also required to submit a sport specific plan before they can begin conditioning activities. The following is some general information to help you and your child prepare for out of season conditioning.

- *Out of Season conditioning is **100% voluntary**
- *Social distancing guidelines will be followed
- *Equipment will not be shared and will be disinfected after each use/rotation
- *Mask are not required but will be provided if someone wishes to wear one
- *Please bring your own water bottles, water will be available to refill individual bottles
- *Health screenings will occur daily by coaches for all athletes in attendance
- *A current VHSL physical will be required prior to any conditioning-must be dated after May 1, 2020
- *COVID-19 Waiver must be signed and returned prior to being allowed to condition
- *Individual coaches will be contacting you with information regarding their sports conditioning schedule
- *If you have any questions please contact Athletic Director, Robert Curd at rcurd@amherst.k12.va.us